

**Trends in Sexual Activity  
and Abstinence  
Among U.S. Men and Women**

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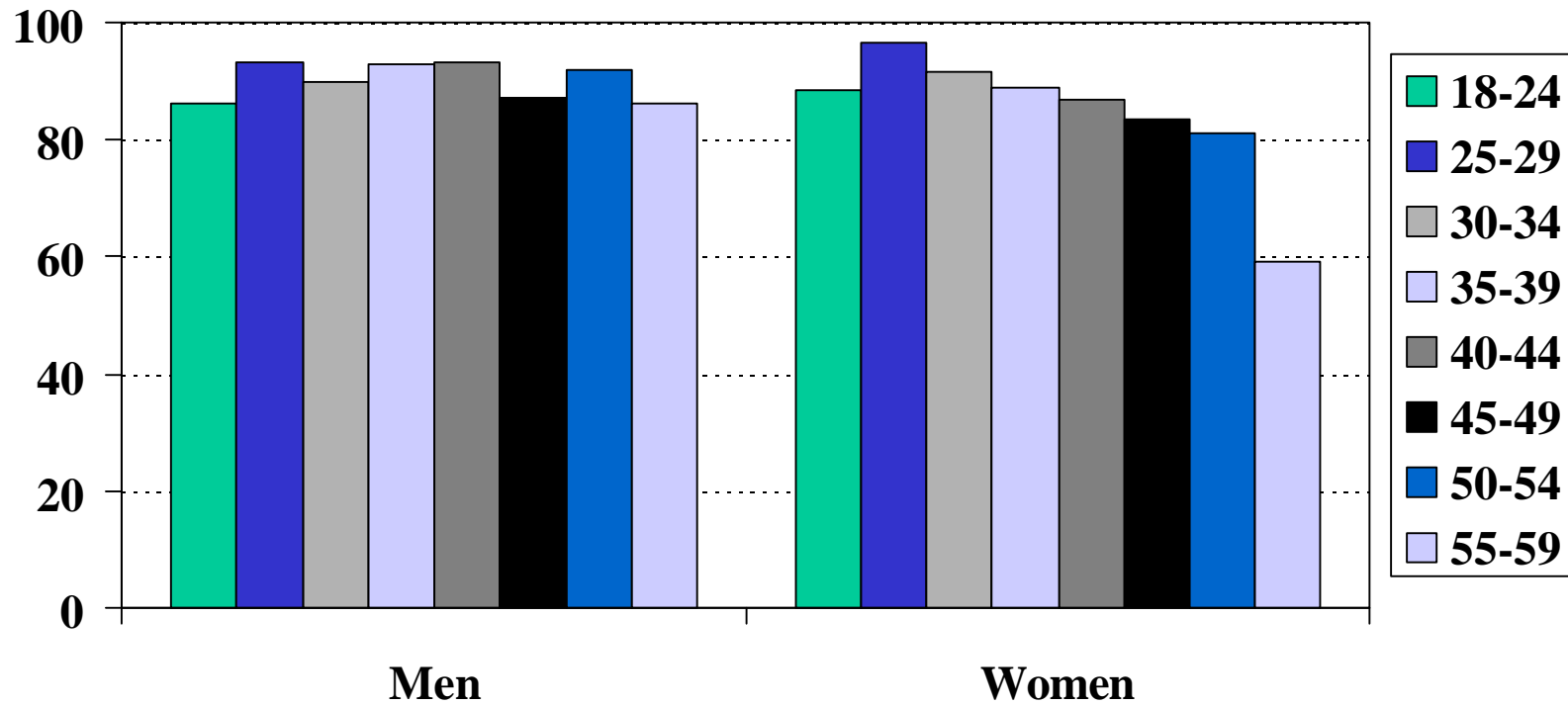
Presented at a seminar on

Abstinence Education Grants and Welfare Reform

Washington DC

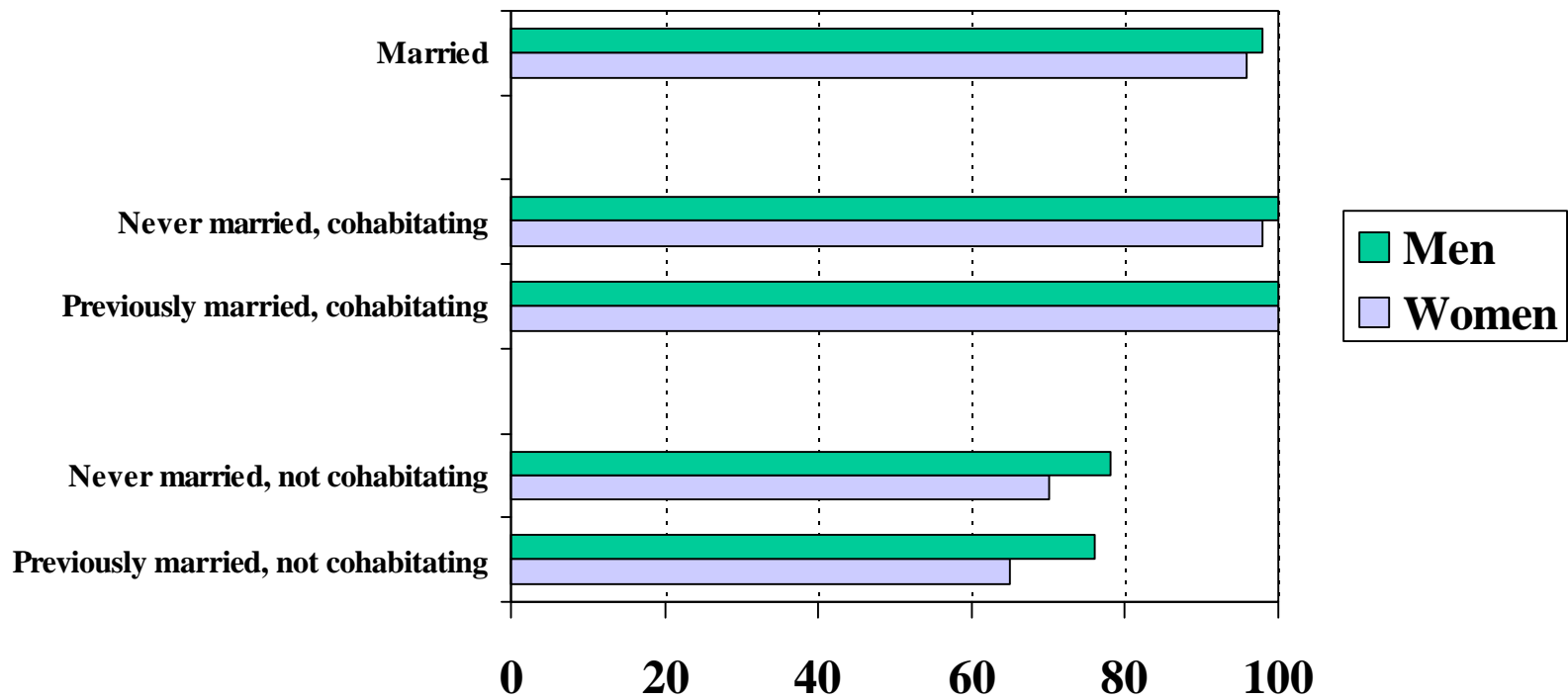
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# Percent had sex in past year, by age and sex



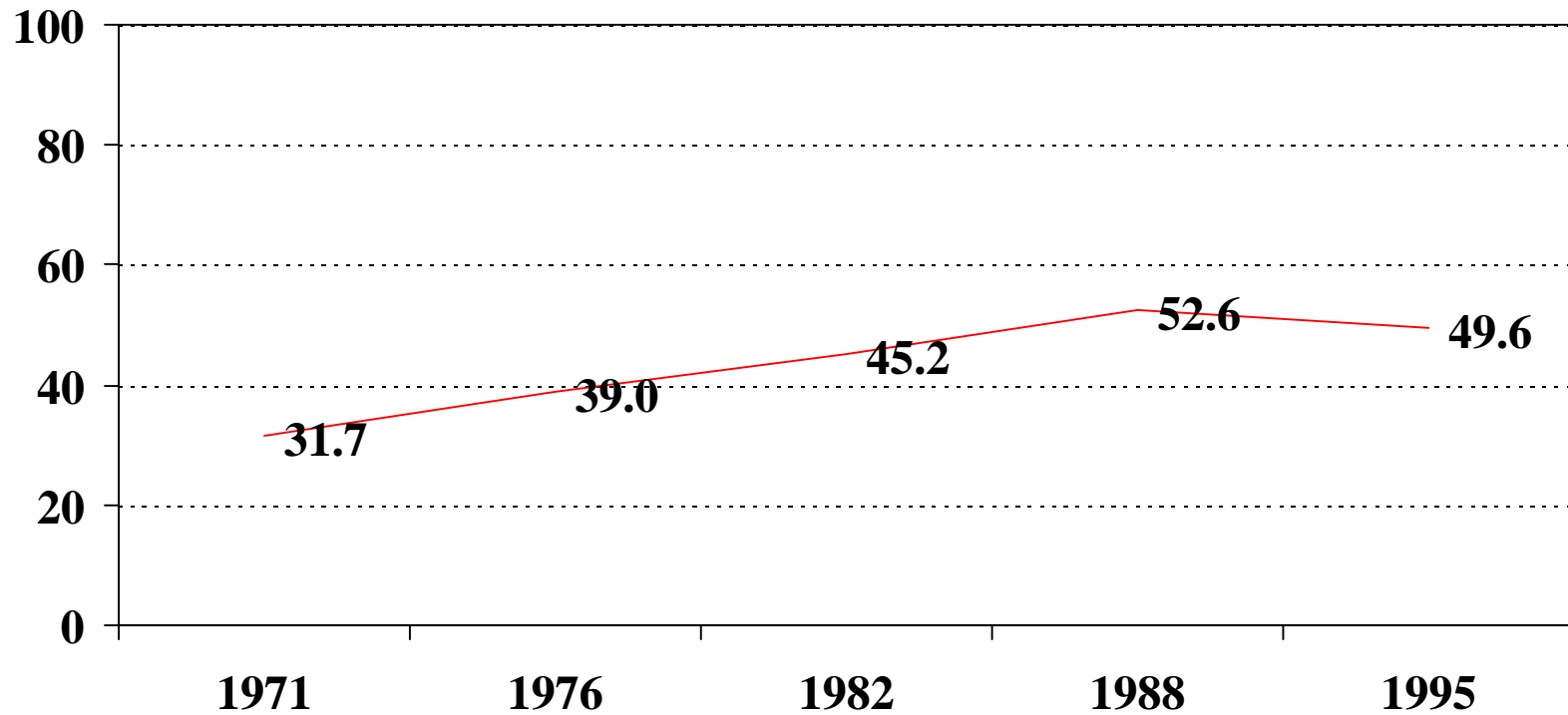
Source: Ntl Health and Social Life Survey; Laumann, et al., 1994, Table 3.4

# Percent had sex in past year, by marital status



Source: Ntl Health and Social Life Survey, Laumann et al., Table 3.4

# % of women 15-19 who had premarital sex, 1971-1995



Source: Hofferth, Kahn, and Baldwin, 1987; National Survey of Family Growth, Cycles 4, 5

% of high school student who had ever had sex but abstained in the last 3 months

- 9th Grade Girls--30.5%
- 9th Grade Boys--40.4%
- 12th Grade Girls--21.4%
- 12th Grade Boys--28.6%

# Is Teen Sex Declining?

## *The evidence for women:*

Youth Risk Behavior Survey, CDC:

*% of high school females who ever had sex:*

1990 → 48.0

1995 → 52.1

*% of high school females who had sex in the last 3 months:*

1990 → 38.4

1995 → 40.4

National Survey of Family Growth, CDC:

*% of females aged 15-19 who ever had sex:*

1988 → 53

1990 → 55

1995 → 50