

University of Maryland, College Park

Department of Public and Community Health

HLTH 130: Introduction to Public and Community Health

Instructor: Melinda Griffin, ABD, MS
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 Semester: Fall 2007, Section 0301
 Classroom/Time: Room: HHP 1303 Day/Time: MWF: 12:00-12:50

OFFICE HOURS

MWF, 1:00-2:00 or by appointment

<p>Required Textbooks & Other Required Readings</p>	<p>Schneider, Mary-Jane. Introduction to Public Health- Second Edition. Maryland: Aspen Publishers, Inc., 2006 (ISBN number: 0-7637-3000-9).</p> <p>In addition, a series of candid interviews with prominent scholars in the field of health behavior, entitled, <i>Viewpoint</i>, will be required reading. These interviews may be accessed by web link: http://www.hhp.umd.edu/dpch/ugrad/course_desc/130Viewpoints.html</p> <p>Where relevant, links are provided for other required readings that must be downloaded from the web directly.</p>
<p>Course Description</p>	<p>This course is tailored to students who may have an interest in pursuing a career in public health and those who are working toward a major or minor degree in community health. It aims to expose students to the connections between their personal world and the field of public health. Students will acquire information on diverse ways in which the public's health is viewed, safeguarded, and challenged. Consideration will be given to historical and contemporary forces and their impact on public health. Settings where public health is practiced and roles of public health professionals will be highlighted. Programming models, theories and policy development are also included.</p> <p>This class is <i>very experiential</i>: Attendance and participation is absolutely required!</p>
<p>Course Objectives</p>	<p>By the conclusion of this course, students will be able to:</p> <ol style="list-style-type: none"> 1. Recognize the ways in which advances in public health have affected their personal lives; 2. Describe the multiple settings where public health is practiced; 3. Identify various roles for public health professionals; 4. Discuss ethical issues related to the provision and safeguard of the public's health; 5. Discuss the potential gains and challenges facing the public health community.
<p>Course Requirements and Policies</p>	<p><u>Course Requirements</u> Students are expected to attend class regularly, participate in class discussions and any group work, and complete required readings.</p> <p>There will be 2 exams. Each exam will consist of multiple choice, fill-in the blank, and/or short answer questions and will cover material from class lectures and the assigned readings in the text.</p>

There will also be 3 homework assignments which are to be written up and submitted for grading on the appropriate due date. A couple of assignments will include group work and class preparation time. **If you are not in class for the preparation, you can not participate in the formalized presentations or receive grades for these presentations.**

- Assignment #1: Interview with a public health professional and presentation (50 points)
 - *You will be able to pick from two dates (early semester, late semester) when this interview paper is due and when you present your information.*
- Assignment #2: Position Paper & Debates (50 points)
- Assignment #3: Timeline Project (individual paper & group presentation) (50 points)

In pairs, students will also be responsible for facilitating a brief class discussion on a current event related to public health (**Hot Health Happenings**) (25 points)

In addition, there will be a series of up to 7 unannounced “pop” quizzes throughout the semester each worth 5 points. These quizzes will cover material from the previous class’ lecture &/or the reading assigned for the day in which the quiz is administered. Each quiz will be worth 5 points however, you will be able to drop two quiz scores from your overall grade. **If you are not in class at the time of the quiz you will not be able to make it up.**

Class Policies:

Assignments turned in *up to* one class session after the due date will be accepted with a 10 point penalty. After that date, no assignment will be graded. Unless specifically approved, no assigned work will be accepted electronically.

Make-up exams will be considered only for those students who have a legitimate reason for absence and provide written documentation to substantiate their absence. Otherwise, students are expected to be in attendance on the specified date and time set in the syllabus for all exams. No accommodations will be made unless there is a serious **documented** illness or a University-approved absence that precludes attendance. If an unforeseen emergency or illness prevents you from being in class on the day of an exam, the instructor must be contacted on that day.

Assigned reading is to be completed prior to the class for which it is due. It is the student’s responsibility to check with the instructor and/or other classmates and procure assignments, notes, handouts, or other information missed during an absence.

All work should be word-processed and double-spaced, unless otherwise requested. ***Make sure you retain a copy of all completed assignments for personal back-up.***

Ground Rules:

- Arrive and depart from class at the appropriate time.
- Show respect for yourself and others. It is extremely rude to talk in class when someone else, either the instructor or another student, is speaking.

- Engaging in outside work during class time is unacceptable- this includes outside work being done on your laptop, doing puzzles and reading the Diamondback.
- Food consumption during class is discouraged. Water must be in spill-proof containers; other beverages are discouraged.
- Please turn your cell phones, music devices, etc off before coming to class.
- When emailing your instructor, please include “HLTH130” in the subject line.

Accommodations for Students with Disabilities:

If you have a documented disability and wish to discuss academic accommodations for test taking or other needs, please talk to me as soon as possible. You will need documentation from Disability Support Service (DSS, 314-7682.) If you intend to take any or all exams at DSS it is your responsibility to notify me as soon as possible.

Academic Integrity:

The University's code of academic integrity is designed to ensure that the principle of academic honesty is upheld. Any of the following acts, when committed by a student, shall constitute academic dishonesty:

- ✓ CHEATING: intentionally using or attempting to use unauthorized materials, information, or study aids in an academic exercise.
- ✓ FABRICATION: intentional and unauthorized falsification or invention of any information or citation in an academic exercise.
- ✓ FACILITATING ACADEMIC DISHONESTY: intentionally or knowingly helping or attempting to help another to violate any provision of this code.
- ✓ PLAGIARISM: intentionally or knowingly representing the words or ideas of another as one's own in any academic exercise.

For more information see:

<http://www.inform.umd.edu/CampusInfo/Departments/PRES/policies/iii100a.html>

If you are experiencing difficulties in keeping up with the academic demands of this course, contact the Learning Assistance Service, 2201 Shoemaker Bldg, 301 (314-7693). Their educational counselors can help with time management, reading, note-taking and exam preparation skills.

If you need the technical support of a librarian, please contact Barbara Nail-Chiwetalu, the *Health Librarian* at (301) 405-9546, bnailchi@umd.edu.

Religious Observances:

The University System of Maryland policy provides that students *should not be penalized because of observances of their religious beliefs; students shall be given an opportunity, whenever feasible, to make up within a reasonable time any academic assignment that is missed due to individual participation in religious observances.* **It is the student’s responsibility to inform the instructor in advance of any intended absences for religious observance.**

Evaluation		Grading
Assignment	Points	Grades will be based upon total points earned throughout the semester: 90-100% (315-350 points) A 80-89% (280-314 points) B 70-79% (245-279 points) C 60-69% (210-244points) D < 60%(< 209 points) F **Note: The instructor will not give you a grade; you will EARN your grade!
Midterm	75	
Final Exam	75	
Assignments	150	
Hot Health Happenings	25	
Quizzes	25	
Total	350	

- T e n t a t i v e S y l l a b u s -

Date	Topic	Readings
W 8-29	Review Syllabus/ Assignments	Purchase text, download Viewpoint and web articles
F 8-31	Questions/Clarifications Class activity: <i>It takes a village to raise a child</i>	<i>Schneider: Prologue, xxv-xli</i> http://www.happinessonline.org/LoveAndHelpChildren/p12.htm
M 9-3	LABOR DAY: No Class	
W 9-5	What is health??	<i>Schneider, Chapter 13</i>
F 9-7	What is Public Health?? Sign-up for Hot Health Happenings	<i>Schneider, Chapters 1, 13</i>
M 9-10	Factors Influencing Health <i>Assignment #1 discussion</i>	<i>Schneider, Chapter 14</i>
W 9-12	Epidemiology <i>Assignments #2, #3 discussion</i>	<i>Schneider, Chapters 4-6</i>
F 9-14	<i>Epidemiology revisited</i> Statistical Data Issues	<i>Schneider, Chapters 7</i>
M 9-17	How public health plays a role in our daily lives Hot Health Happenings	<i>Schneider, Chapters 1, 8</i>
W 9-19	Principles and philosophies associated with health Hot Health Happenings	<i>Schneider, Chapter 14</i> http://www.cancer.gov/PDF/481f5d53-63df-41bc-bfaf-5aa48ee1da4d/TAAG3.pdf
F 9-21	NO CLASS	Work on Assignment #1
M 9-24	<i>Principles and philosophies revisited</i> Hot Health Happenings	http://www.cancer.gov/pinkbook
W 9-26	Changing nature of what constitutes health, illness, disease Hot Health Happenings	<i>ViewPoint: Dr. Cheryl L. Perry</i>
F 9-28	Brief history of public health Hot Health Happenings	<i>Schneider, Chapter 9, 10, 30</i> http://www.pbs.org/newshour/essays/july-dec05/page_9-22.html
M 10-1	Public health in America Significant advances in past century Hot Health Happenings	<i>Schneider: Chapter 30</i> http://www.cdc.gov/mmwr/preview/mmwrhtml/mm4850a1.htm
W 10-3	21 st century threats in America Hot Health Happenings	<i>Schneider, Chapters 25, 26, 28, 29</i>
F 10-5	Review for Exam I <i>Sign-up for Assignment #1 presentations</i>	
M 10-8	EXAM 1	
W 10-10	Assignment #1 Due Assignment #1: Interview Presentations	
F 10-12	Assignment #1: Interview Presentations	

M 10-15	Mission and core functions of public health Role of the government Hot Health Happenings	<i>Schneider, Chapter 3</i>
W 10-17	Why is public health controversial? Hot Health Happenings	<i>Schneider, Chapters 2, 13</i>
F 10-19	What are our public health agencies and who are its agents? Hot Health Happenings	Group work: Initial debate preparation
M 10-22	Healthy public health policy Case study: Obesity Hot Health Happenings	<i>Schneider, Chapter 16</i> http://content.nejm.org/cgi/content/full/354/24/2601
W 10-24	Case study: Obesity revisited School Health in America Hot Health Happenings	
F 10-26	Healthy public health policy <i>revisited</i> Case study: Smoking	<i>Schneider, Chapter 15</i>
M 10-29	Group work: Final debate preparation Assignment #2 Due <i>Sign-up for Assignment #2 debates</i> Hot Health Happenings	
W 10-31	Assignment #2: Debates	
F 11-2	Assignment #2: Debates	
M/W 11-5/7	NO CLASS	APHA, WASHINGTON DC (November 3-7)
F 11-9	Environmental Health Hot Health Happenings	<i>Schneider, Chapter 19</i>
M 11-12	Poverty and Global Health Hot Health Happenings	<i>Schneider, Chapters 20, 21, 22</i>
W 11-14	What the future holds for public health Hot Health Happenings	<i>Schneider, Chapter 24</i>
F 11-16	Group work: Team meeting with Melinda Assignment # 3 Due <i>Sign-up for Assignments #3, #1 presentations</i>	Final presentation preparation
M 11-19	Assignment #3: Team Timeline Presentations	
W 11-21	Assignment #3: Team Timeline Presentations	
F 11-23	NO CLASS: THANKSGIVING BREAK!!	
M 11-26	Assignment #1 Due Assignment #1: Interview Presentations	
W 11-28	Assignment #1: Interview Presentations	
F 11-30	Communicating Health Risks Hot Health Happenings	<i>Schneider: pgs 99-119</i> http://www.cancer.gov/pinkbook
M 12-3	Communicating Health Risks revisited Hot Health Happenings	<i>ViewPoint: Dr. Elbert D. Glover</i> http://www.cancer.gov/cancerinformation/clearandsimple
W 12-5	Ethics Hot Health Happenings	<i>Schneider: pgs 93-98; 441-449</i> http://www.cdc.gov/nchstp/od/tuskegee http://www.hhp.umd.edu/dpch/ugrad/course_desc/0008APHA_code_of_ethics.pdf
F 12-7	Ethical conduct and Codes of ethics Hot Health Happenings	http://www.publichealth.columbus.gov/Asset/iu_files/Public_Health_Code_of_Ethics.pdf http://www.sophe.org/about/ethics.html
M 12-10	Lessons learned / Review for Exam 2	<i>ViewPoint: Dr. Robert J. McDermott</i>
TUESDAY, 12-18; 8:00-10:00: FINAL EXAM		